



KIEF NEWS

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★TOPIC 1 *New Video Series: Guides for Foreign Residents of Kanazawa*

The Kanazawa City Hall International Exchange Section has created a series of videos introducing useful information for foreign residents of Kanazawa. The information is presented in simple Japanese with subtitles in English and can be found on the Kanazawa City official YouTube account. The QR code links to the first video in the series, COVID-19 Vaccine and Booster Shots.



#1 COVID-19 Vaccine and Booster Shots

This video explains how you can register to receive your vaccine in Kanazawa and the requisite paperwork.

#2 National Health Insurance

This video covers the National Health Insurance system, its benefits, and how to pay your insurance premium.

#3 Required Certificates

This video explains how to request a copy of your Certificate of Residence and Certificate of Earnings.

#4 Child-rearing Support

The first video covers pregnancy through childbirth, including the requisite paperwork and health checkups for both the mother and infant. The second video covers the types of childcare facilities in Kanazawa, the application process, and facility fees.

#5 Natural Disaster

This video covers the emergency warning levels used in Japan and what to do in an emergency.

#6 Multilingual Support

This video covers the multilingual support provided by Kanazawa City Hall for foreign residents, including interpretation services and multilingual guides.

★TOPIC 2 *Events for International Students*

Both the Kanazawa International Exchange Foundation and the Kanazawa City Hall International Exchange Section host events for international students introducing the history, culture, and traditions of Kanazawa. Events are mainly held in person, but online events have also been held taking into consideration the pandemic. Keep an eye out for more events throughout the year!

Nagamachi Samurai District Tour & Kaga Cuisine Cooking Class



International students joined a volunteer guide on a tour through the historic Nagamachi district. The tour included famous Kanazawa landmarks such as Oyama Jinja Shrine and Nomura-ke, a former samurai residence with a stunning garden. At the end of the day, participants made jibuni, a dish traditionally prepared with duck and Kaga vegetables.

Online Course on Kaga Vegetables



This online course featured an introduction to Kaga vegetables at a Kaga lotus root field. Then, participants were whisked from the field to a kitchen studio where they learned how to make a vegetarian meatball

dish using lotus roots. Finally, the owner of Los Angeles, a vegan restaurant in Kanazawa, talked about his journey and how to find places to eat in Kanazawa that support dietary restrictions using the Kanazawa Barrier Free Map website. Scan the QR code to see the website!



★TOPIC 3 *Gingerbread Houses, Picture Books, and Family: An American Christmas Event*



Last December, the American CIR, Linda, led a gingerbread house building workshop for elementary schoolers and their parents. Gingerbread houses are a staple of the Christmas season in the United States. Eleven families participated on the day of. Even though everyone worked with the same cookie shapes and candy, the final houses were all spectacular in their own way. When they finished building their houses participants enjoyed gingerbread people and hot chocolate as well, and once everyone ate and drank their fill, Linda read for everyone a story about Santa's visit to a sleepy household on Christmas Eve. The crowning star of the event was no doubt the children's smiles as they enjoyed an American Christmas!

★TOPIC 4 *Message from the new Coordinators for International Relations*



Hello, everyone! I'm Linda. I moved from New York City in the United States to Kanazawa last September. When I first started studying Japanese, it was love at first sight. I was infatuated with the language, which was so different from my own. Although I grew up watching anime and playing Japanese video games, studying Japanese was the first time I was connecting with Japanese culture beyond what was shown on the television screen. As a CIR, I hope to build meaningful relationships with the community, so that I may grow to love Kanazawa as if it were my second home. I will also do my best to share the story of America that goes beyond what is shown on travel brochures.

In my spare time, I love reading books of all genres and spending time in bookstores and libraries. My personal goal while I'm in Japan is to read voraciously and better understand the Japanese literary scene.



Bonjour! Hello everyone.

It's very nice to meet you! I am the new CIR for France. I come from Paris, and my name is Massia Rubel. When I was little, I was impressed and fascinated by the scenery of Japan that I saw pictures of from my relatives' trips. Since then, I have been very fond of Japanese culture and history, which is why I pursued Japanese and International Relations Studies in university.

I then lived in Kyoto for two years and was able to improve my Japanese as well as experience everyday life in Japan. I quickly became eager to get involved in cultural exchange between Japan and France.

Kanazawa is a place that protects ancient crafts and districts. At the same time the city sparkles through very modern constructions such as the 21st Century Museum of Contemporary Art. It connects its traditional characteristics to the future, a trait which I think is wonderful and led me to immediately fall in love with the city.

My hobby is to learn about cultures and gain extended knowledge from movies, exhibitions, theatrical performances, music and languages. I love to walk around, go to kaitenzushi, and I also enjoy karaoke a lot.

I will do my best as a CIR, especially through cultural exchanges, art and events. I wish to be part of the already strong connection that exists between Kanazawa and France.

I'll be in your care! Merci beaucoup (Thank you very much).

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